

Grocery List

FRUITS AND VEGETABLES

- 2 cloves garlic
- 1 green bell pepper
- 2 onions
- 1 pound baby green beans
- 2 pounds white potatoes
- Celery
- Cremini mushrooms
- Green onions (optional)

MEAT AND POULTRY

- 1 pound catfish fillets
- 1¹/₄ pounds boneless, skinless chicken breast
- 2¹/₂ -3 pound boneless pork loin roast
- 1¹/₄ pounds ground pork

DAIRY

- 1 (4-ounce) package garlic-and-herb crumbled feta
- Buttermilk
- Skim milk
- Heavy cream
- Shredded Colby and Jack cheese blend

PACKAGED GOODS AND OTHERS

- 1 (6-ounce) box long-grain and wild rice mix
- 3 (10.75-ounce) cans condensed cream of mushroom soup
- 2 (8-ounce) cans pineapple chunks
- 1 (6-ounce) package frozen red pepper strips
- 1 (11.5-ounce) bottle sweet and sour sauce
- 1 (4.5-ounce) jar sliced mushrooms
- Frozen early peas
- Frozen broccoli florets
- Precooked potatoes with herbs and garlic
- Lemon juice
- White wine
- Olive oil and vinegar dressing
- Oyster sauce
- Asian seasoning blend
- Toasted almonds
- Cajun seasoning
- Poultry seasoning
- Fresh rosemary
- Fresh parsley
- Fresh thyme
- Fresh mint
- Orzo pasta
- Red pepper flakes
- Butter-flavor cooking spray